

January 2019

AccessPoint RI Recreation Activities Calendar

1240 Park Ave. Cranston, RI

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 CLOSED 	2	3 SHRI Adapted Yoga 10am-11am	4	5
6	7 Town Hall lanes Bowling 4-5PM Pick-Up at Town Hall Lanes	8 SHRI Adapted Yoga 12:15PM - 1:15PM Warrior Workout - Karate @ 111 3:30PM - 4:30PM	9	10 SHRI Yoga 10am-11am Cooking up a Storm 4-6PM 1240 Park Ave.	11	12
13	14 Town Hall lanes Bowling 4-5PM Pick-Up at Town Hall Lanes	15 SHRI Adapted Yoga 12:15PM - 1:15PM Warrior Workout - Karate @ 111 3:30PM - 4:30PM	16 Arcade Play & Lunch 10:00AM - 1:30PM @ AMF Lanes, Cranston	17 SHRI Adapted Yoga 10am-11am	18 Winter Wonderland Dance 4:30PM-6:30PM Dyer Ave. 	19
20	21 No Bowling 	22 SHRI Adapted Yoga 12:15PM - 1:15PM Warrior Workout - Karate @ 111 3:30PM - 4:30PM	23 	24 SHRI Adapted Yoga 10am-11am	25 Goto Pinkberry for dessert 12:30PM - 1:45PM Garden City, Cranston	26
27	28 Town Hall lanes Bowling 4-5PM Pick-Up at Town Hall Lanes	29 SHRI Adapted Yoga 12:15PM - 1:15PM Warrior Workout - Karate @ 111 3:30PM - 4:30PM	30 Breakfast Newport Creamery 10:00AM- Garden City, Cranston	31 SHRI Adapted Yoga 10am-11am Dinner at Gregg's 4pm - 6pm	1	2
3	4					