

# DIRECTORY OF RECREATION EVENTS

## July 2018

### ARTS & CRAFTS

Monday

July 2, 2018

**4:00pm – 5:30pm**

**Location: 1240 Park Ave  
Cranston**

Come out and create some art. Explore your artistic side. Don't forget to sign up first! Pick up at AccessPoint RI 1240 Park Ave. Cranston. **10 person max**  
**Cost per person: \$10.00**

### WARRIOR WORKOUT

#### Karate Group

Tuesdays

July 3, 10, 17, 24 & 31<sup>st</sup>

**3:30pm – 4:30pm**

**Location: 111 Comstock  
Parkway**

Sensei Mike from Shotokan Legacy Dojo Karate-do Club will help with emotional regulation, communication, following game rules, and team cooperation. Participants will also work on coordination, core strength, balance, and endurance using Karate. Most of all they will have fun!

**12 person max**

**Cost per person: \$10.00 per**

**session.** (Sorry we are unable to provide a refund if you cancel or do not show up unless it is an emergency situation)



### A&W

#### DINNER & CARSHOW

Tuesday

July 10, 2018

**4:30pm – 7:00pm**

**Location: Depart and pick up  
at 111 Comstock Parkway.**

We will leave at 4:30pm sharp. If you are meeting us at A&W with your staff/support, we will arrive about 5pm.

**Cost per person: \$15.00**

**10 person max**

#### DINNER & CONCERT

Wednesday

July 11, 2018

**4:30pm – 7:30pm**

Recreation will depart from 1240 Park Ave. at 4:15pm.

Dinner at Newport Creamery, Garden City then enjoy the Garden City Outdoor concert. Pick up at Garden City at 7:30pm.

**10 person max**

**Cost per person: \$17.00**

#### COOKING UP A STORM

Monday

July 16<sup>th</sup> and 23<sup>rd</sup>, 2018

**4:00pm–6:00pm**

**Location: 1240 Park Ave  
Cranston**

We will start with basic kitchen safety skills and then prepare a meal. All Participants are expected to participate in the activity.

**8 person max**

**Cost per person per group:  
\$10.00**

#### DINNER AT GREGGS

Thursday

July 19, 2018

**4:00pm – 6:00pm**

Enjoy dinner at Gregg's Restaurant Post Rd. Warwick. Depart from 1240 Park Ave. Pick up at Gregg's.

**10 person max**

**Cost per person: \$18.00**

The July  
*DANCE*  
information will  
be announced



The Cranston cougars  
Special Olympics  
Celebration information  
will be announced  
soon!